



Yamaska  
Literacy



# Roadways

To learn to read is to light a fire; every syllable that is spelled out is a spark. ~ Victor Hugo

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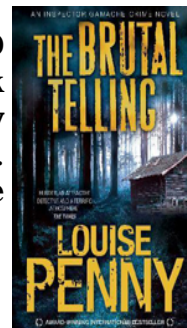


## Louise Penny Book Launch

Thank you

**Brome Lake Books** sponsored the **WORLD** launch of *The Brutal Telling* by New York Times bestselling author **Louise Penny** on October 4th at the Auberge Lakeview. Proceeds were generously donated to the Yamaska Literacy Council.

[www.louispenny.com](http://www.louispenny.com)



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"Once you learn to read,  
you will be forever free."

- Frederick Douglass

### A MESSAGE FROM THE COORDINATOR

It's been easy to get caught up in the business of YLC's fall literacy programming and not take a moment to reflect upon the impact. Recently, someone remarked to me "I see the Yamaska Literacy Council everywhere." (No kidding!). The steady and combined efforts of YLC members and the ongoing support and encouragement of committed partners has helped to place a literacy lens on our community participation.

In this issue of Roadways, you'll see many examples of how YLC has been making a difference, with your help:

- 👉 Brome Lake Books and Louise Penny have brought continued attention to literacy, most recently with a donation from the proceeds of the Brutal Telling book launch.
- 👉 Knowlton Academy's Village Reads Program, a grass-roots effort to create a love of reading in all children, has attracted support throughout the community; YLC was pleased to offer training to new volunteer readers.
- 👉 New volunteers have come forward and been trained as literacy tutors; new members have joined our board of Directors, including a student who has made incredible progress with her literacy journey.
- 👉 We have friends on Facebook, including some students, former peer youth tutors, and people interested in getting involved directly or by helping us spread our message.
- 👉 Groups like Townshippers', Avante Women's Centre, and Women's Institute(s) are inviting us to speak to their members about literacy.
- 👉 We're opening up a dialogue about the issue of health literacy.

So yes, it's been a whirlwind of a season, but it's been well worth the effort.

*Now, go wash your hands and stay healthy!*

Wendy

## Knowlton Santa Claus Parade 2009

YLC is looking for volunteers to walk or ride in the Knowlton Santa Claus parade. We will be joined this year by the **grandmothers to grandmothers** group.

**WHEN:** December 5th, 12:45 pm (coincidentally—International Volunteers' Day)

**WHERE:** Windmill Plastics  
290 Victoria Road, Knowlton

**We will have our traditional pasta meal after the parade at the Knowlton Pub.**



**Students!** YLC holds a weekly small group class at the YLC office, hosted by **Susan Reininger**. If you would like to know more about or join the class, contact the office.

**Writer's Challenge:** LVQ is challenging all students to send in a text on a different topic each month. If you submit something, your name will be automatically entered in a draw to win a \$25 gift certificate at Chapters. Submissions must be between 100 and 400 words.

- The winning submission may be posted on the LVQ website.
- Your name and council will be appear next to your submission.



## 6 EASY STEPS

**During flu season, the following 6 easy steps will help keep you healthy. They are simple, and cost little.**

- 1. Wash your hands often.**
- 2. Do not touch your face** (unless to eat or bathe).
- 3. Gargle twice a day with warm salt water** (or bacteria-destroying mouthwash).
- 4. Clean your nostrils at least once every day with warm salt water, or hydrogen peroxide.** \*Blow your nose softly and swab both nostrils with cotton buds dipped in warm salt water.
- 5. Eat foods rich in Vitamin C**, or take Vitamin C tablets with zinc.
- 6. Drink warm liquids.** \*Drinking warm liquids (tea, coffee, etc.) has the same effect as gargling, but in the reverse direction. They wash off viruses from the throat into the stomach where they cannot do any harm.

**Learn about influenza A(H1N1) in Québec :**

**<http://www.pandemiequebec.gouv.qc.ca/en/index.aspx@sujet=143.html>**

## Announcements

- To enter, send your submission to Joani ~ by e-mail at [info@literacyvolunteersqc.ca](mailto:info@literacyvolunteersqc.ca) ~ or by fax at (450) 243-6812.

**LVQ video:** Now available—*More Than Words on Paper*, BUILDING LITERACY ONE READER AT A TIME—a video about English literacy in Quebec. Request a copy from the YLC office.

**Tutors!** The *Basic Literacy Tutor Manual* is available to tutors. To obtain a printed copy or a “pdfed” version, please call the office.

## YLC AGM 2009



The YLC AGM was held October 15, 2009 at the YLC office. Fran Corry was awarded the Pat Lafrenière Memorial Pin in honour of her years of tutoring, work on the YLC board and support for literacy. Our board has also changed with the return of Alan Ross as a Director at large and the addition of Donna Woodard as Student Representative.



## YLC Tutor Workshop 2009

YLC trained eight new tutors in October. We would like to welcome Louise Frazer, Pamela Dillon, Pier-Giorgio and Elizabeth (Lizzy) Fontana, Meredith MacKeen, Owen Falquero, Shane Bradley and Susan Syberg.



## VILLAGE READS

Knowlton Academy launched "Village Reads" on October 9th, a project dedicated to helping children learn to read better and read books that they will enjoy. The project was started by Bill and Arlene McKellar, owners of Ding's Garage in Knowlton, and has attracted a tremendous amount of community support. The Yamaska Literacy Council held a training workshop for 8 volunteers, giving volunteers practical tips to help get children excited about reading.

### THAT CAKE from Lizzy Fontana



#### **Cake Ingredients:**

- 1-520 gm (18 ½ oz) yellow cake mix
- 1-99 gm (3 ¾ oz) Vanilla Instant Pudding mix
- 4 eggs
- 125 ml (½ cup) cold water
- 125 ml (½ cup) cooking oil
- 125 ml (½ cup) maple syrup (*or rum for adults*)

#### **Glaze ingredients:**

- 65 ml (¼ cup) maple syrup
- 250 ml (1 cup) icing sugar

1. Preheat oven to 325 degrees Fahrenheit.
2. Grease (*I use PAM cooking spray*) and flour 3 litre cake pan.
3. Mix all ingredients together in a large bowl.
4. Fill cake pan with batter.
5. Bake for 1 hour.
6. Remove from oven and cool in inverted cake pan on cooling rack.
7. Run knife around all edges. Gently take out of pan.
8. Mix and pour glaze over the top of cooled cake.

***This cake keeps well for several days.  
Enjoy!***



Literacy Volunteers of Quebec

## LVQ Conference 2009

The Literacy Volunteers of Quebec held a preconference and conference at the Maritime Plaza Hotel in Montreal, October 23rd & 24th.

The pre-conference included a workshop on By-laws and Board Responsibilities, led by Georges A. Lebel, a professor in the Department of Legal Sciences at the *Université du Québec à Montréal*. He is a leading expert on non-profit law in Quebec. The workshop was followed by an outing to the *Montreal Botanical Gardens* where we admired hundreds of decorated pumpkins by local school children including the book pumpkin pictured above. We also walked through **The Magic of Lanterns** display, a tremendous celebration of light in the Chinese garden. This year's theme is traditional Chinese astronomy.



The LVQ conference theme was *Environmental Literacy*. The keynote speaker was **Dr. Ariel Fenster** who spoke on *Life is a Risky Business*. The *Freda Hudson Volunteer Recognition Award* was presented to **Mona Arseneault**, a volunteer tutor with The Literacy Exchange. *Adult Literacy Recognition* awards were presented to **Calogero "J" Cucuzzella** (schoolboard sector), and **Treldon James** (community sector). Workshops were held on Art from Recycled Materials, Composting, Responsible Water Consumption, Sorting Relay, and Ecological



## Skills for Life Series

The *Skills for Life* series of workbooks are meant to help develop important life skills. Competency-based learning meets the needs of all learners.

*Essential Life Skills* are important for everyone, while *Individual Life Skills* address the needs and interests of different learners. Once learners have completed the "Essential" units, they may choose a unit that is applicable to their interests and lifestyle.

To view the different units follow the following link:  
[www.nald.ca/qlwg/skills.htm](http://www.nald.ca/qlwg/skills.htm)

Copies are available at the YLC office.

"Live as if you were to die tomorrow.  
 Learn as if you were to live forever."

- Gandhi (1869-1948)



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